

12 NATIVE PLANTS TO CONSIDER FOR YOUR GARDEN

Ingrid Thiessen

This inCERT highlights the need for urban dwellers to follow the suggestion of Nature Regina; to grow 1 sq metre of native plants per person for pollinators and birds who are being stressed due to climate change.

“As small as one square meter of garden or 2 large planter pots on a balcony is enough to start making a difference for our pollinating friends. By joining with our friends and neighbours to plant purposefully for pollinators in our own private spaces, we can increase the diversity of prairie plants and create more pollinator habitat than all the public parks put together.” <https://www.natureregina.ca/native-plant-garden>

If everyone in Saskatoon planted 1 sq. m. we would have 85 acres of native plants; in Regina 62 acres. What should you grow? If you are just starting out here are 12 plants to attract and benefit butterflies:



Here are some resources to read up on native plants and pollinators:

<https://wildaboutsaskatoon.org/starting-a-native-plant-garden/>

https://www.npss.sk.ca/rsu_docs/documents/the-unexpected-butterfly-garden.pdf

https://www.npss.sk.ca/rsu_docs/documents/2017-spring-newsletter.pdf

https://pollinator.org/pollinator.org/assets/generalFiles/MoistMixGrass_157.2017.ver3.pdf

Ingrid Thiessen welcomes emails. Contact her at ingridt@sasktel.net to arrange a free presentation on butterfly gardening for your church.